

Samuel Ticha

Corporate Governance Professional | Board & Executive Development Specialist | Project Manager | Professor of Practice
US Citizen

[LinkedIn Testimonials: https://www.linkedin.com/in/samuelticha/details/recommendations/](https://www.linkedin.com/in/samuelticha/details/recommendations/)

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SUMMARY

I am passionate about making a meaningful impact at the intersection of corporate governance, board and executive development, and project management. With over two decades of experience and expertise across these domains, my goal is to foster environments where extraordinary leadership, governance, and customer experiences thrive. My approach is rooted in service, empowering others to achieve their highest potential while designing strategies that create long-lasting, positive change.

KEY SKILLS & CERTIFICATIONS

- **Corporate Governance:** NACD Board Leadership Fellow; Executive Presence; Crisis Management; Environmental, Social, Governmental (ESG) Strategy; Compensation; Succession Planning; Diversity, Equity, and Inclusion (DEI); Public Speaking; Mindful Governance
- **Board & Executive Development:** Certified Professional Coach (PCC), Certified Professional Co-Active Coach (CPCC), Executive Coach, Master Practitioner of MBTI & NLP, Chief Learning Officer Executive Doctorate
- **Project Management:** Project Management Professional (PMP), Digital Transformation, Leadership in Complex Projects
- **Communication & Leadership:** Distinguished Toastmaster (DTM), Certified Trainer (Junior Chamber International)

PROFESSIONAL EXPERIENCE

Cornell University | August 2023 – Present

E-Facilitator (Adjunct Professor)

- Deliver digital transformation and project management courses to global leaders, supporting their growth and impact in dynamic environments.

African Leadership Academy | South Africa | June 2024 – Present

Executive Coach

- Provide coaching to emerging African leaders, empowering them to transform their communities and countries through mindful leadership.

World Bank Group | Washington, D.C. | October 2023 – Present

Executive Coach

- Coaching high-level World Bank Group leaders to navigate complex challenges and drive forward sustainable, impactful governance.

Mindfulead LLC | Bethesda, MD | June 2000 – Present

Founder & Executive Development Consultant

- Designed and implemented leadership programs that foster mindfulness, ethics, and employee engagement, benefiting organizations across three continents.
- Coached over 200 C-suite executives and high-potential leaders to align personal goals with organizational success, ensuring sustainable growth.
- Mentored and developed 500+ Project Management Professional (PMP) candidates, guiding them through certification and leadership development.
- Successfully created and mentored high-performing boards for 10+ associations, ensuring their strategic direction remains strong.
- Spearheaded 360-degree feedback programs, transforming organizational dynamics for diverse multinational clients.

PAST EXPERIENCE

Wharton Executive Education | Philadelphia, PA | March 2022 – August 2023

Program Leader, Corporate Governance & Executive Presence Certificates

- Facilitated programs for senior executives and board members, focusing on governance excellence and leadership presence in complex environments.

Executive Coach for Executive MBA and MBA students

- One-on-one coaching for MBA students

Mercy University | Dobbs Ferry, NY | October 2018 – September 2019

Professor, Human Resources (Master of Science)

- Taught HR strategy and leadership principles, equipping students with practical, impactful tools for career success.

Consumer Technology Association (CTA) | Arlington, VA | *June 2007 – December 2017*

Stakeholder Engagement Consultant

- Led initiatives to enhance stakeholder engagement through strategic governance frameworks and customer-focused experiences.

Toastmasters International | Arlington, VA | *June 2013– December 2015*

VP Public Relations

- Led initiatives to enhance public speaking, communication and servant leadership

LANGUAGES

- English
- French

BOARD & ACADEMIC SERVICE

- **Top Seal Africa Inc.** (Board Director & Interim Chief Learning Officer)
- **Toastmasters International** (Board Service)
- **Junior Chamber International (JCI)** (Certified National Trainer)
- **University of Pennsylvania** (Judge & Mentor for Business Plan Competitions)
- **American Public University System** (Industry Advisory Council Board Member)
- **City of College Park, MD** (Board Member)

EDUCATION

University of Pennsylvania | Philadelphia, PA

- **Doctor of Education (Ed.D.)**, GPA: 3.89/4.00, May 2020
 - Dissertation: *Mindfulness and Board Dynamics*
- **Master of Science, Education**, GPA: 3.88/4.00, May 2017

The Chartered Institute of Marketing | United Kingdom

- **Professional Postgraduate Diploma in Marketing**, November 2009

CERTIFICATIONS

- **Corporate Governance**: NACD Board Leadership Fellow, Cornell Law School Corporate Governance Certificate (January 2025)
- **Project Management**: Project Management Professional (PMP)
- **Executive Coaching & Development**: Certified Professional Co-Active Coach (CPCC), Marshall Goldsmith 360 Practitioner, MBTI Master Practitioner
- **Communication & Leadership**: Distinguished Toastmaster (DTM)
- **Mindfulness & Wellness**: Mindfulness-Based Stress Reduction (MBSR), Laughter Yoga Teacher, Eckhart Tolle Teacher of Presence

AWARDS & RECOGNITION

- AIESEC Global Hall of Fame (for Board & Executive Development)
- Toastmasters Servant Leadership Award
- Junior Chamber International (JCI) Senator #63357
- CTA Spotlight Award for Extraordinary Customer Experience Design
- CTA 10-Year Service Award for Leadership Excellence

TECHNOLOGIES & TOOLS

- **Platforms**: Mac, PC, Slack, MS Teams, Google Workspace, Zoho, Webex, Zoom
- **Software**: MS Office 365, MS Project, Keynote, Zendesk, Canvas, Blackboard

OUR PARTNERSHIP OPPORTUNITY

With a **heart for service** and an unwavering **commitment to lifelong learning**, my mission is to inspire and empower others to lead with **integrity, mindfulness, and purpose**. I believe that **transformative leadership** is the key to creating impactful, sustainable change within organizations and communities, and I am dedicated to supporting leaders at the highest levels to achieve this vision.

My journey—spanning over two decades—has been focused on advancing **corporate governance**, cultivating **extraordinary leadership**, and driving **innovative project management** strategies. I have developed a deep understanding of how board dynamics shapes decision-making and long-term success, and I specialize in fostering environments where boards, executives, and teams can align toward a **profitable, equitable, sustainable, and joyful** future.

As a **board dynamics professional** operating at the intersection of **corporate governance**, **project management**, and **board and executive development**, I bring a holistic, people-centered approach to organizational transformation. My expertise enables leaders to not only navigate but thrive in complex, rapidly changing landscapes through innovation, strategic governance, and executive development. I believe that **innovation on flagship projects** and **products** is a catalyst for growth—but it comes with risks. To successfully implement such innovation, leaders must secure **board-level buy-in** and align these initiatives with overarching governance strategies. I specialize in helping organizations bridge this gap by bringing **deep boardroom insight**, a **forward-thinking approach to digital transformation**, and **targeted leadership development programs** that unlock the full potential of both the individual and the organization. Now, I'm ready to bring this expertise to your organization. Together, we can shape a brighter, more **profitable, sustainable, equitable** and **joyful** future. **Let's build extraordinary leadership and governance that creates lasting value and empowers your organization to reach new heights.**

If you're seeking a seasoned professional who can **foster leadership excellence**, **drive strategic governance**, and **deliver transformative project outcomes**, I would love the opportunity to discuss how I can contribute to your organization. Let's connect and explore the possibilities for success.